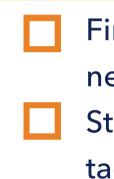




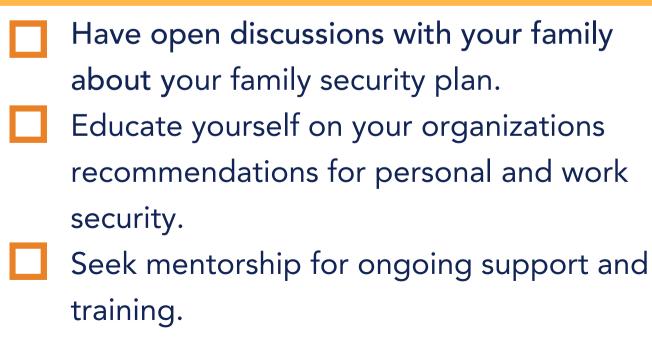
Start with Simple Steps

- Use a password manager.
- Implement a VPN.
- Adjust security settings on your mobile to
 - limit location sharing, audio usage, etc.
- Keep your apps updated and delete those you no longer use.



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