

Start with Simple Steps

- ☐ Use a password manager.
- ☐ Implement a VPN.
- ☐ Adjust security settings on your mobile to limit location sharing, audio usage, etc.
- ☐ Keep your apps updated and delete those you no longer use.

Learn About the Industry

- ☐ Find and subscribe to cybersecurity newsletters and podcasts.
- ☐ Stay up-to-date on recent breaches and tactics.

Be Proactive

- ☐ Have open discussions with your family about your family security plan.
- ☐ Educate yourself on your organizations recommendations for personal and work security.
- ☐ Seek mentorship for ongoing support and training.